

INSTITUTE FOR UNIVERSAL KNOWLEDGE SHARED  
**SOUL POWER**

**Mantra for Mind Control**

*Just keeping calm and being silent is not maturity, but controlling your mind towards taking the right decision to bring that required change within your capacity is control of mind.*

Use this simple 'Say Hello' Mantra.

Dear Divine and \_\_\_\_\_ (your favourite God)  
Please help me, for my Mind Control.

**Mind, that is Me and that is You,  
You are the best form of Control,  
That is Me and that is You,  
You are within Me and You are the bestest Soul.**

**Help me Control my Mind towards the Soul of Maturity,  
You have all the Power to Control my Mind towards its Maturity,  
You have the Divine Power for the Control of Mind towards its  
Maturity.**

**Help me towards this path,  
Guide me towards this path,  
Help me grow in the path of Maturity.**

**Thank you, Thank you, Thank you.  
Love you, Love you, Love you.  
Peace be within Maturity of Mind.**

**\*Your favourite God/Goddess ie: Shiva, Jesus, Lakshmi, Vishnu, Allah, etc. (From light side only)**

*We recommend chanting twice (morning & evening), 7 times every day.*