

**INSTITUTE FOR UNIVERSAL KNOWLEDGE SHARED**  
**SOUL POWER**

**Truthfulness Practice for Humanity,  
Mantra for Truth**

**Dear Divine and \_\_\_\_\_(your God\*)**

**I am the Truth,  
We are the Truth.  
I am in the walk of the Truth,  
We are in the walk of the Truth.**

**Help me and guide me towards the path of Truth.  
Guide me and save me in the walk of the Truth.  
Please help me to speak and feel the Truth.**

**The Truth, only the real Truth, the Truth that will help me grow in the  
path of Divine Power; in search of Truth, the Ultimate.**

**So here, Help me and Guide me,  
Let me speak and feel the Truth only, only the real Truth.  
Let me speak and feel the Truth only, only the real Truth.  
Let me speak and feel the Truth only, only the real Truth.**

**Thank you, Thank you, Thank you.  
Love you, Love you, Love you.  
Peace be within me and the entire Universe.**

*\*Your favourite God/Goddess ie: Shiva, Jesus, Lakshmi, Vishnu,Allah, etc. (From light side only)*

*We recommend doing two 7 times practices every day.*